

BREAKFAST: Only until 8:45am

Toast with vegemite, honey or jam	3.00
Banana bread	4.00
Avocado on toast (1 slice)	3.50
Cheese toastie	3.00
Cheese and tomato toastie	3.50
Ham and cheese toastie	4.50
Ham, cheese and tomato toastie	5.00
Ham and cheese toastie	4.50
Chicken, cheese and avocado toastie	5.00
Chicken and cheese toastie	4.50
Plain croissant	3.50
Cheese croissant	4.00
Ham and cheese croissant	4.50

PREORDERED ITEMS

Breads available: Wholemeal, Sourdough, Multigrain, Turkish

Salad roll	5.00
Vegetarian Turkish	5.00
Tuna lettuce mayo	5.00
Egg lettuce mayo	5.00
Ham, cheese and tomato	5.00
Chicken, cheese and avocado	5.00
Chicken, avocado, lettuce and mayo	5.50
Chicken Caesar Wrap (Tuesday and Thursday)	6.00
Greek / garden salad	6.00
Grilled chicken and salad	8.00
Chicken Caesar salad (Tuesday and Thursday)	7.00
Mild chicken curry & rice (Tuesday)	7.00
Chicken stir-fry (Wednesday)	6.00
Chicken fried rice (Thursday)	6.00
Chicken Enchiladas (Tuesday and Thursday)	7.50
Spaghetti bolognese (Mon, Wed and Friday)	6.50
Cheese & spinach pie (Wed, Thurs, Friday)	6.50
Chicken avocado sushi (Mon, Wed, Friday)	3.50
Tuna avocado sushi (Mon, Wed, Friday)	3.50
Chicken hokkien noodles (Monday and Friday)	7.00

OVER THE COUNTER ITEMS

Yoghurt cups with berries or muesli	4.50
Fruit salad cups	4.00
Whole fruits	1.00
Muffins – Home made	3.50
Cereal or Muesli with milk	4.50
Carrot/celery stick	3.00
Melon cups	3.50
Fruit salad cups	4.00
Whole fruits	1.00
Cheese and crackers	3.50
Small bottles of fresh juice	3.50
Milkshakes (Vanilla, Chocolate, Strawberry, Caramel)	3.50
Bottles of water	2.50
Banana Bread	4.00

PREORDERED ITEMS EVERYDAY

Chicken burger	7.00
Beef burger	7.00
Veggie burger	7.00
Chicken schnitzel roll	7.00
Sausage roll	3.50
Meat pies	4.50
Neapolitan pasta	5.50
Falafel wrap	5.00
Falafel plate	6.80
Chicken Gravy Roll	7.00

